

## **William B. Bohannon, DDS, MD**

Oral and Maxillofacial Surgery

2025 Forest Avenue, Suite 6

San Jose, CA 95128

Telephone: (408) 286-1553 Fax: (408) 286-8511

1750 El Camino Real Suite 403

Burlingame, CA 94010

Telephone: (650) 692-1530 Fax: (650)-692-2655

### Preoperative Instructions for General Anesthesia

You surgical appointment time has been reserved for you and we trust that no changes will be necessary. Please allow 48 business hours notice if any appointment needs rescheduling.

1. Patients planning on having a general anesthesia or IV sedation **must NOT have anything to eat or drink, including water, for six (6) hours prior to surgery. This is for your safety and is extremely important. If instructions are not followed, your surgery will be rescheduled.**
2. You must have a responsible adult to drive you home following your surgery. Patients undergoing surgery with a general anesthesia **MAY NOT DRIVE AN AUTOMOBILE UNTIL THE FOLLOWING DAY.** Your driver must remain in the waiting room during the procedure. Since you may be drowsy following the procedure, post-operative instructions will be reviewed with both you and your driver after the surgery.
3. Any patient under 18 years of age must be accompanied by a parent or legal guardian at the time of surgery.
4. Do not smoke or drink alcoholic beverages for 48 hours prior to surgery.
5. Brush your teeth before reporting to the office for surgery. It is preferable to have a light meal the night before your surgery. Please drink plenty of clear fluids the night before your surgery so that you are well hydrated.
6. Take your daily medications (as directed by the surgeon) with as little water as possible. **If you have been prescribed antibiotics, please remember to fill your prescription prior to your scheduled surgery and begin as directed.**
7. Wear a short sleeve loose shirt and comfortable pants and shoes to your surgery appointment. Do not wear unstable shoes (like flip-flops). Remove contact lenses prior to arrival for surgery.
8. Do not wear nail polish or any artificial nails to your surgery appointment.
9. Please be prepared to complete the financial arrangements that were discussed with you prior to your appointment for surgery.
10. Prepare plenty of recommended soft foods and fluids (which can be found on the last page of the post-operative instructions sheet) and have them ready for when you arrive home from surgery.
11. Please be informed parents and/or guardian(s) are not permitted in the surgical room during surgery. Parents, guardian(s) and/or patient's driver are required to be present in our waiting room during surgery.
12. Please do not hesitate to call our office if you have any questions or concerns. Dr. Bohannon and his staff are committed to caring for you, making sure that you understand and are comfortable with all instructions for your surgery.